

## Future-Proofing: The Personal Readiness Scan

*Six steps to know yourself before you choose. A pen and honest answers.*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

### HOW TO USE THIS SCAN

This scan maps who you are across four dimensions (Steps 1-4), identifies which AI-era skills to build (Step 5), and connects your profile to specific Career Worlds (Step 6). Complete this scan **BEFORE** the Sector Analysis Scan. Your results here determine which sectors to analyze. Use the information in **Pillar 1: Know What You Bring Before You Choose Where to Go** & **Pillar 2: Building Skills That Machines Can't Replace** framework documents to guide you. **Write by hand. The slower processing builds the self-awareness this scan is designed to develop.**

#### STEP 1

### Map your strengths

Three questions to identify what you do naturally well. Don't list what you're told you're good at. List what people actually come to you for.

**What do people consistently ask me for help with?** *(Not things you volunteer for. Things others seek you out for.)*

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**Where do I learn unusually fast?** *(What subject or skill do you pick up noticeably faster than peers?)*

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**Where does time disappear?** *(Which tasks absorb you so completely that you look up and an hour has passed?)*

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**My strengths pattern (what connects the three answers above):**

**STEP 2****Identify your working style**

Mark where you fall on each spectrum. There are no right answers. This tells you which environments let you do your best work.

<b>Processing speed</b>	I think quickly and decide fast	← I think slowly and need time before deciding →
<b>Structure need</b>	I perform best with clear frameworks and predictable schedules	← I perform best with autonomy and the freedom to define my own approach →
<b>Social orientation</b>	I'm energized by collaboration and working through ideas with others	← I'm energized by independent work and solo concentration →
<b>Change tolerance</b>	I'm energized by novelty and shifting priorities	← I'm stabilized by consistency and deep expertise in one area →

**Describe the conditions of the last time you did your BEST work:**

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**Describe the conditions of the last time you did your WORST work or felt most frustrated:**

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**STEP 3****Clarify your values**

Check your top three non-negotiable values. These are the tradeoffs you are NOT willing to make.

<input type="checkbox"/>	<b>Autonomy</b>	Control over how, when, and where you work	Every task prescribed and monitored with no room for your judgment
<input type="checkbox"/>	<b>Financial security</b>	Stable, predictable income that removes money anxiety	Constant uncertainty about whether you can cover expenses
<input type="checkbox"/>	<b>Impact</b>	Your work contributes to something beyond revenue	Work feels disconnected from any outcome you care about
<input type="checkbox"/>	<b>Mastery</b>	You are consistently learning and being challenged	You have plateaued and the work is repetitive

<input type="checkbox"/>	<b>Community</b>	You work with people you respect in a supportive environment	You are isolated or surrounded by people whose values conflict with yours
<input type="checkbox"/>	<b>Balance</b>	Work allows you to sustain relationships, health, and personal interests	Work has consumed everything else

**My top three (ranked):** 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

*Describe a time one of these was violated. How did it feel?*

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**STEP 4**

**Read your energy patterns**

Competence and energy are different. You can be excellent at something that drains you.

**What kind of work energizes me (even when it's hard)?**

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**What kind of work drains me (even when I'm good at it)?**

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**Key insight:** *Am I planning a career around my energy, or just my competence?*

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**STEP 5**

**Map your 80/20 profile**

AI handles the 80% (routine execution). Your career depends on the 20% (judgment, reasoning, ethics, relationships, framing). Rate yourself honestly.

<b>Judgment under ambiguity</b>	<i>Evidence I have this strength:</i>	<i>Rate 1-5:</i>
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Making decisions when the data is incomplete or contradictory		
<b>Contextual reasoning</b> Understanding the situation around the problem, not just the problem itself	<i>Evidence I have this strength:</i>	<i>Rate 1-5:</i>
<b>Ethical discernment</b> Recognizing when the correct action and the right action are not the same	<i>Evidence I have this strength:</i>	<i>Rate 1-5:</i>
<b>Relational intelligence</b> Building trust, reading people, navigating group dynamics	<i>Evidence I have this strength:</i>	<i>Rate 1-5:</i>
<b>Strategic framing</b> Defining the problem correctly before trying to solve it	<i>Evidence I have this strength:</i>	<i>Rate 1-5:</i>

**My strongest capability:** \_\_\_\_\_ **My weakest:** \_\_\_\_\_

**One thing I will do this month to build my weakest capability:**

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**How I currently use AI (circle one):** MOSTLY AS A SHORTCUT | MOSTLY AS A SPARRING PARTNER | BOTH | NOT SURE

*If you answered shortcut or not sure: what would change if you wrote your own thinking first and used AI to challenge it?*

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**STEP 6**

**Connect to sectors**

Using everything from Steps 1-5, identify 2-3 Career Worlds that align with your profile. Then run the Sector Analysis Scan on them.

**Based on my strengths, working style, values, and energy, the Career Worlds I should investigate:**

1. \_\_\_\_\_ Why it fits: \_\_\_\_\_

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2. \_\_\_\_\_ Why it fits: \_\_\_\_\_

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3. \_\_\_\_\_ Why it fits: \_\_\_\_\_

**My next three actions:**

1. Run the Sector Analysis Scan on Career World #: \_\_\_\_\_
2. Take the Pathfinder Assessment at [pathfinderfuture.io](https://pathfinderfuture.io) and compare results to this scan
3. \_\_\_\_\_

**THE TWO SCANS TOGETHER**

You now have two tools. The Personal Readiness Scan tells you who you are and what you bring. The Sector Analysis Scan tells you where the opportunity lives and whether it is durable. A career decision made with both scans is fundamentally different from one made with neither. That is the Pathfinder advantage.

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